PBIS at Home

ADVICE FOR PARENTS

MAKING THE MOST OF SCHOOL CLOSURE

Dear Families,

Although we are sending home work for your children, the days are long when school is closed. We also wanted to put together some suggested routines for you to help the days pass more productively. Our students ROAR at school and they can ROAR at home!

Good luck! The Herzog Team

ROAR AT HOME

- · Respect yourself and others
- · Respect the space of others
- · Clean up after yourself
- Own your own choices
- Take responsibility for your routine
- Act Safely
- · Practice Social Distancing- stay 6 feet from anyone you don't live with
- Stay where you are supposed to be
- Make good choices
- · Ready to learn
- · Set up a place to work on school work
- Visit your teacher's website daily/ Teams site daily

ROUTINES THAT WORK

*disclaimer: Each teacher will be posting a schedule on their websites on the <u>Herzog website</u>. Please contact the teacher if you have questions about it.

Set a regular bedtime and wake up time.

Get dressed in the morning.

Set aside certain hours for school work and exercise.

Set a regular breakfast, lunch, and dinner time. (Eat meals together when possible)

Schedule regular chores for the whole family.

Read every day.

Stay in contact with family and friends outside your home with telephone calls, video chats, and text messages.

